



# TENNIS TALK

## JUNIOR DEVELOPMENT

### Spring Session I

Spring Session I – Registration in progress				
Tots/Tykes	5:30 - 6:30	Tuesdays	April 13 – May 28	\$66.00
Beginner/Advanced Beginner I	4:00 - 5:30	Mondays	April 5 – May 10	\$90.00
Advanced Beg. II / Intermediate	4:00 - 5:30	Wednesdays	March 24 – April 28	\$90.00
Advanced Intermediate	4:00 - 5:30	Thursdays	March 11 – April 15	\$90.00
Advanced	3:30 - 5:30	Fridays	March 19 – April 23	\$135.00
High School Players/Varsity Singles/Tournament Players	11:30-2:00	Saturdays	March 20 – April 24	\$140.00

**Please note:** There are a minimum of 4 students to constitute a class. Schedule is subject to change due to demand. Make-up classes are at the discretion of the instructor. Kris (ext. 215), Chad (ext. 315) & Elizabeth (ext. 320) are available for Junior & Adult private lessons. Please call their extensions to schedule an appointment. Spring Session II begins immediately following the above dates.

### Tennis Tip By: Kris Stofey, USPTA, Director of Tennis

There are many arenas in which people can play primarily “social tennis.” Our club leagues or groups getting together to enjoy the game in a very relaxed, pressure-free venue would fall into that category.

However, when joining a competitive USTA or Interclub team, players need to realize stakes are a bit higher. True – it’s not Davis Cup or Fed Cup Tennis, but every team hopes to do well in the standings or perhaps get into the play-offs or farther.

Therefore, as a Team Member there needs to be a commitment to perform at one’s best. Preparation is critical. Work on your endurance, technique, strategy and add extra practice time. If there are areas of weakness in your game, take a lesson or clinic with a group and PRACTICE-PRACTICE-PRACTICE!

There is no substitute for good preparation in all areas of your game and level of fitness.

### Clinics with Elizabeth (ext. 320)

**Cardio tennis** for kids & adults continues on Sundays. Kids are from **2-2:30** (\$5 per child) and adults are from **2:30-3:30** (\$10 per adult). Contact Elizabeth (#320) if interested or just show up.

**Morning Adult Singles Clinic:** Mondays from 10-11am (Mar. 1, 15, 29)

**Evening Adult Singles Clinic:** Mondays from 7-8pm (Mar. 1, 15, 29)

**\*\*\*New Adult Beginners Clinic\*\*\***

Every other Saturday from 2-3pm (Mar. 6, 20)

### Need Stringing?

Drop your racquet off at the front desk and inquire about a list of available strings and prices.

For more questions on stringing and tension, consult tennis pro and stringing technician Chad Schmock, ext. 315.

